



Sound Waves

December 2010
January 2011
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2011

A Beginning---

Whatever resolutions you make,
pursue them with optimism

WERE YOU THERE?

The Book-Author Lunch on November 6 kicked off the holiday season with 114 people who dined on crepes and wine at the Clinton Country Club. Fine fare and a fine view of the golfing greens set the background for three engaging authors who gave listeners enticing reasons to read their books. Thanks to the splendid turn out, the AAUW Educational Fund and the Branch Scholarship Fund are in good shape for continuing the primary work of the Shoreline Chapter



Leslie Connor "Crunch"; Diane Meier "Season of Second Chances"; Nancy Goldstone "The Lady Queen"

Special gratitude goes to Co-chairs Marcia Myhre and Carolyn Dugan along with Elaine Quayle, Jane Ann Miller and a host of team members who gave us all a lovely holiday gala.

On a sad note, the luncheon was dedicated to Carolyn Leese whose passing on November 2 was particularly poignant because she was such an important force in helping to make the Book-Author Luncheon a primary fund raiser for the Chapter..

PRESIDENT'S MESSAGE

I know from browsing national, state and chapter websites that recruiting and maintaining active members is a core

component of AAUW. Engaged members are our life blood. As a chapter, we are at our best when excellent, mission-focused programs are well attended and enjoyed. Many such programs, held in 2010, were topped off with an outstanding Book-Author Luncheon in November. Let's keep the momentum going. Stay involved.

The Board and I are asking for your help in making 2011 a banner year for current and new member participation. We would greatly appreciate your suggestions for meeting this goal. Send your ideas to any Board member---or come to a Board meeting and let us know what you think.

Best wishes to you and your loved ones for a wonderful New Year!

Alice Reitz

BOARD MEETINGS (Open to all members)

January 8 – 10AM

February 5 – 10AM

March 3 – 6:30PM

Meetings are held at Henry Carter Hull Library, 10 Killingworth Tpke., Clinton. For additional information: call Alice Reitz (203) 245-9208

BOARD-COMMITTEE MEMBERS

Pres: Alice Reitz

Membership: Joan Filbey, Carolyn Johns

Program: Shelley Pelletier, Ann Gordon

Treas: Melissa Lamoreaux, Janet Holmes

Public Policy: Jeanette Olchowski

Sec: Elizabeth Goss, Nancy Day

Advertising: Marsha Brunelle

B&A Lunch: Marcia Myhre, Carolyn Dugan

Book Awards: Denise Bryan, Virginia Triola

Corresponding Sec: Kay Conover

Directory: Cathy Briggs

E.F/L.A.: Marilyn Kennedy, Barbara Dunham

E-mail Communicator: Gene St. Paul

Historian: Gwen Waldo

Hospitality: Sonja Gibbs, Jane West

Newsletter: Jan Jones

Parliamentarian: Carol Geiser

Public Policy: Jeanette Olchowski

Publicity: Helen Green, Elaine Quayle

Rides Coordinator: Nancy Chalker

Scholarship: Andrea Osburne, Marcia Myhre

Web Site: Marie Morch

(Nominating Committee: Kay Conover, Gene St. Paul)

INTEREST GROUP CONTACTS

Art: Mary Ann McAvoy 203-421-3451

Bridge I: Eloise Brady 203-245-8114

Bridge II: Carolyn Johns 203-453-3325

Finance: Shelley Pelletier 203-245-4822

Gourmet: Ann Ward 203-245-2527 and
Melissa Lamoreaux 203-458-0857

Great Adventures: Nancy Chalker 203-245-4485; Helena Heath 860-399-0136

Hiking: Bobbie Shildneck 203-245-3130

Internat. I: Gene. St. Paul 203-453-3054

Internat II: Mary Lee. Duff 203-453-0014

Literature I: J.oyce Hirschhorn 860-663-1070

Literature II: Jane Ann Miller 203-421-3061

Literature III: Marilyn Kennedy 203-421-8490

DELIVERING HEALTH SERVICES – A NEW MODEL

January 19, 2011, Noon, Café Allegre, Madison

Speaker: Dr. Donna Criscenzo, Internist, Guilford

How do you feel about your healthcare services? Come to this meeting of the Shoreline Chapter for a discussion on obtaining doctors' services that sidestep the profit-based, insurance-driven model.

Dr. Criscenzo, a founding member of Primary Care Physicians Corporation, will talk about reviving "old-fashioned" patient-doctor relationships. Listeners will hear about pre-paid "retainer" plans (common in southern and western U.S.) that came to her attention while attending Katrina victims. In 2007 she adapted the idea to her Guilford practice where a Pre-paid Primary Physician Plan "allows her to pursue the art of medicine with minimum outside interference". Retainer fees fully cover services without Medicare or insurance reimbursements.



Additionally, she developed a "Personal Medical Organizer" and delivers local Workshops.. In her words, "I'm on a journey that has reaffirmed my belief in the need for all to follow personal convictions in the search for fulfillment, health and happiness."

Thanks to the Gourmet and Art Appreciation Groups, we'll learn more about this journey. Bring a friend, or several friends and learn about a new option in medical care.

The cost of the lunch will be \$25. Information on reservations and menu choices will be sent the first week of January. Meanwhile, you can get more information by calling Melissa Lamoreaux at 203-458-0857 or dropping her a note at malamore@aol.com

RECOVERING YOUR PAST – TEA TIME

February 16, 2PM, VNA, 753 Boston Post Rd. Guilford
Author: Leila Philip "A Family Place"

Memoir helps us discover who we are. That will be the thrust of Leila Philip's message on February 16. The Friday morning Bridge Group is sponsoring this event which may inspire some of us to put pen to paper and write down our own memories. Leila, an AAUW fellow, will talk about her award winning memoir, "A Family Place", which refers to Talavera, a Hudson Valley farm and apple orchard where one family's history unfolded over three centuries and five wars.

With the help of letters, scraps of memorabilia and uncovered secrets, Leila pieced together a drama where the characters include Dutch farmers, Revolutionary War generals, Civil War heroes, free slaves, ambassadors and a cast of renegade aunts who run away to find adventure in the outside world. We'll hear about a spectrum of farm life where interests ranged from horticulture and beekeeping to art history and Romantic-era landscape gardening. Leila will bring us up to the moment when the 21st century life of her family carries forward the legacy of Talavera.



Bring your friends and neighbors to this afternoon tea which is being held in the facilities of the Visiting Nurses Association, located behind Concept Park. Reservations are required. Call Ellie Cleaver (203-421-3053). Signed copies of the book will be for sale following the discussion.

Note: The charge for the event and payment details will be published in January



JUGGLERS-ACROBATS-COMICS-MIMES-AERIALISTS

They were all at the Cirque Le Masque along with some of our own circus lovers. The Great Adventures Interest Group organized this colorful December 18 outing at Garde Arts Theatre in New London. Festivities for AAUW attendees began with lunch at Tony D's Restaurant across from the theatre than moved toward the spotlights, the music and the performers who raised the adrenaline levels of an awestruck audience.

SOUP AND PANTRY KITCHEN

A Note from Ann Gordon:

A big thank you to all who contributed to our local food drive for donating to the Shoreline Soup Kitchen and Pantry. At our recent Holiday Coffee we donated 87 pounds of non-perishable food and \$141 in cash. The Shoreline Soup Kitchens and Pantries is an interfaith ministry that provides food and fellowship to people in need and educates our communities about hunger and poverty.....We recently received a letter of thanks from the Pantry

Dear AAUW Members:

Thank you so very much for your wonderful generosity. This will help many local people! We thank you for your continued support.....Lisa Smith, Dec. 2010

COMING IN 2011- DETAILS TO FOLLOW

AAUW is having a conference at the West Campus, Yale, on Wednesday, April 27, 8AM-1PM. The topic will be "How Change Agents are Making Global Opportunities from Subjugation".

The theme for AAUW's National Convention will be "Breaking through Barriers---Advocating for Change". The three-day meeting will take place June 16-19 at the Renaissance Hotel in Washington, D.C.

INTEREST GROUP CALENDARS

- International Group I** (Mondays, 10AM) – contact Gene St. Paul, 203-453-3054
February 7 'Great Decisions-2011' host Barbara Fazzone
- International Group 11** (Wednesday 7PM)—contact Nancy Day, 203-533-5238
January 26 'Great Decisions-2011'
- Literature Group** (Mondays, 1PM) – contact Marilyn Kennedy, 203-421-8490
January 17 "The Help" Kathryn Stockett
February 21 "The Far Traveler: Voyages of a Viking Woman" Nancy Marie Brown
- Great Adventure** Nancy Chalker, 203-245-4485 or Helena Heath, 860-399-0136
January Lunch and movie (details to be announced)
February No meeting

Note to Interest Groups: If you wish to publicize your schedules, please send information to Jan Jones, jeanettejones2001@yahoo.com

, IN MEMORIAM

Carolyn Drew Leese, Middlesex Hospice, Middletown, Tuesday,
November 2, 2010

.A long time benefactor of AAUW whose membership in the Shoreline Chapter helped make the vitality of the current organization possible. In addition to being the centerpiece of a large family, Carolyn was a business woman, an adventurer, a sailor, a gardener, a gourmet cook, a voracious reader and a kind friend.